

We partner with Wyndly to offer an exclusive at home allergy test kit that detects the 40 most common indoor and outdoor environmental allergies, including the following:



PETS:

Cat dander, dog dander, horse dander



GRASS AND SHRUB POLLEN:

Bahia grass, Bermuda grass, birch, common ragweed, Johnson grass, mugwort, mulberry, nettle, perennial ryegrass, rough pigweed, Russian thistle, sheep sorrel, Timothy grass, and more



TREE POLLEN:

Acacia, alder, Australian pine & beefwood, birch, cottonwood & poplar, elm, maple & box elder, maple leaf & sycamore, mountain cedar, oak, olive, pecan & hickory, rough marsh elder, walnut, white ash, and more



OTHER ALLERGENS:

Alternaria alt., aspergillus fum., aureobasidium, cladosporium fum., cockroach, dust mite (b. tropicalis, d. far, and d. pter), mouse, penicillium notatum mold, and more

FAQs

1

Do I have to stop taking my allergy medications before I take the test?

No. Unlike skin prick testing, blood-based IgE testing does not require stopping antihistamines. Patients can continue taking Claritin, Zyrtec, Allegra, Benadryl, or any other antihistamines before and during testing.

2

Do steroids affect allergy test results?

Oral corticosteroids (prednisone, methylprednisolone) may suppress your IgE levels if taken for longer periods at high doses. Short courses typically do not significantly affect results.

3

Do supplements affect allergy test results?

No, you do not need to stop vitamins, minerals, probiotics, or herbal supplements before testing.

4

How do I register my Wyndly Allergy test?

Please register your test if you have not already. Registering your test is necessary for processing!

Scan here →



TREAT THE CAUSE,
not just the symptoms.



elev8allergy.com



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